

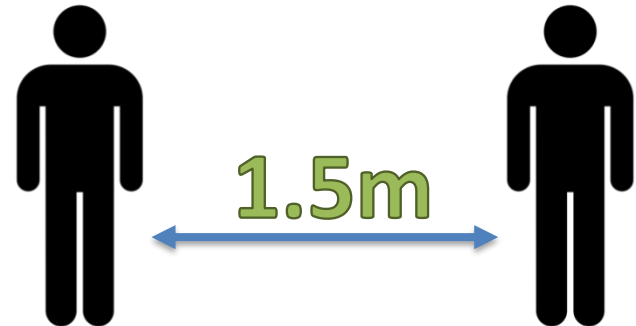
# SOCIAL DISTANCING



***Social distancing can help save lives!***

## What is social distancing?

It means we need to keep a distance of at least 1.5 meters from other people.



## Why is it important?

It limits the spread of COVID-19 in our community and protects others.

## Those that are at increased risk of severe complications from COVID-19:

If your answer to any of the following questions is “Yes”, then social distancing is ***even more important*** to protect you from COVID-19:

- Are you 65 years old or older?
- Have you ever been told you have a heart or lung condition?
- Have you ever been told you have diabetes (high blood sugar)?
- Have you ever been told you have a weak immune system?
- Do you have HIV or AIDS?
- Have you ever been told you have a problem with your liver?

## CORONAVIRUS DISEASE 2019 (COVID-19)



Social distancing means putting space between yourself and others.

[cdc.gov/COVID19](https://www.cdc.gov/COVID19)